

# HEALTH BEHAVIORS

## SMOKING



9%

smoke every day

2%

smoke some days

## ALCOHOL CONSUMPTION



58%

Non-drinkers of alcohol

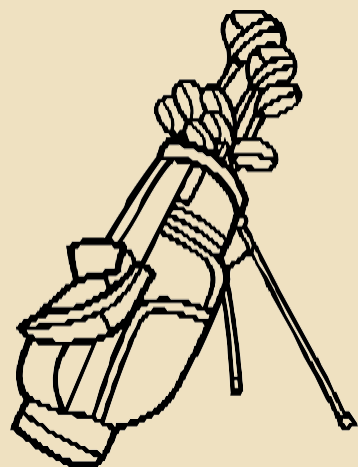
31%

1-6 drinks per week

11%

7+ drinks per week

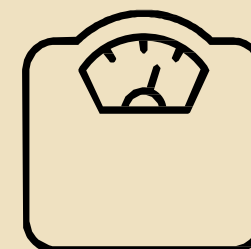
## PHYSICAL ACTIVITY



67%

participate in physical activities or exercises other than their regular job (running, calisthenics, golf, gardening, walking for exercise)

## OBESITY



38%

of older adults are classified as "obese"

# HEALTH BEHAVIORS

## FLU SHOT



have received a seasonal flu shot in the past year

## PNEUMONIA VACCINE



have received a pneumonia vaccine

## SHINGLES VACCINE



have received a shingles vaccine

## COVID VACCINE



received a Covid vaccine



# HEALTH BEHAVIORS

2014

2022

vs.

